

Monthly Calendar



WEEKLY ONGOING ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	8:05 am Zumba 9:15 am MSROM 5:30 pm Aerobics/Abs/Buns 5:30 pm Indoor Cycling 6:45 pm Body Sculpting	8:15 am Core 5:30 pm Circuit Aerobics 6:45 pm Zumba	8:05 am Zumba 9:15 am MSROM 4-8 PM TN Gymnastics	8:15 am Aerobics, Abs, Buns 5:30 pm Circuit Aerobics 5:30 pm Indoor Cycling 6:45 pm Zumba	9:15 am MSROM	
 1 CLOSED	2 Closed for New Year Holiday CLOSED	3 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball	4 G.Y.M. 3:15 PM 4-8 PM TN Gymnastics	5 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball 6:30pm -8pm Tennis League	6 9am-11am Circuit Court Jury Selection	7 9:30 am Indoor Cycling 9 am -4:30pm Tennis League Indoor Soccer 9am to 1pm
8 1pm-5pm Tennis League Indoor Soccer 1pm-5pm	9 G.Y.M. 3:15 PM	10 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball	11 1-6pm Bloodmobile G.Y.M. 3:15 PM 4-8 PM TN Gymnastics	12 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball 6:30pm -8pm Tennis League		14 9 am -4:30pm Tennis League Indoor Soccer 9am to 1pm
15 1pm-5pm Tennis League Indoor Soccer 1pm-5pm	16 G.Y.M. 3:15 PM	17 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball	18 G.Y.M. 3:15 PM 4-8 PM TN Gymnastics	19 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball 6:30pm -8pm Tennis League	20	21 9:30 am Indoor Cycling 9 am -4:30pm Tennis League Indoor Soccer 9am to 1pm
22 1pm-5pm Tennis League Indoor Soccer 1pm-5pm	23 G.Y.M. 3:15 PM	24 3-6 pm 4th Quarter 6-8 pm 1/2 court Volleyball	25 G.Y.M. 3:15 PM 4-8 PM TN Gymnastics	26 3-6 pm 4th Quarter 6-8 pm Full court Volleyball 6:30pm -8pm Tennis League	27	28 9 am -4:30pm Tennis League Indoor Soccer 9am to 1pm
29 1pm-5pm Tennis League Indoor Soccer 1pm-5pm	30 G.Y.M. 3:15 PM	31 3-6 pm 4th Quarter 6-8 pm Full court Volleyball	<h1>January 2012</h1>			

January 2012

McMinnville Parks and Recreation

Hours of Operation

Classes Offered:

Monday	8:05 am	Zumba
	9:15 am	SilverSneakers® MSROM
	5:30 pm	Aerobics, Abs, & Buns
	5:30 pm	Indoor Cycling
	6:45 pm	Body Sculpting
Tuesday	8:15 am	Core
	5:30 pm	Circuit Aerobics
	6:45 pm	Zumba
Wednesday	8:05 am	Zumba
	9:15 am	SilverSneakers® MSROM
Thursday	8:15 am	Aerobics, Abs, & Buns
	5:30 pm	Circuit Aerobics
	5:30 pm	Indoor Cycling
	6:45 pm	Zumba
Friday	9:15 am	SilverSneakers® MSROM

<u>Monday-Thursday</u> 8am to 8pm
<u>Friday</u> 8am to 4pm
<u>Saturday</u> 9am to 4pm
<u>Sunday</u> 1pm to 5pm
For more information, Call us at 473-1212.



Get Youth Moving (G.Y.M.)

After School Program

For children ages 8 to 12

@ McMinnville Civic Center

When: Mondays and Wednesdays

Time: 3:15 pm to 4:30 pm

Fee: \$3.00 Daily Admission

(No charge to those who participated in 2011

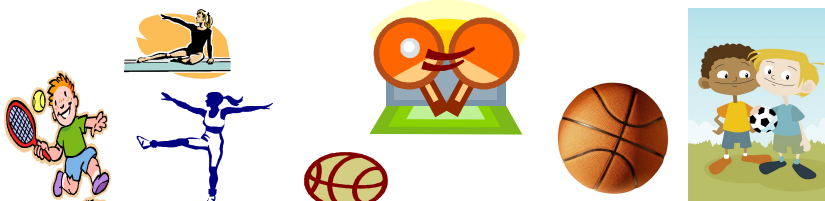
Summer G.Y.M. Program)

Dates to Remember

Beginning in January,
Indoor Cycling will be
offered the 1st and 3rd Saturday
for the month of January at 9:30 am !
Come join in and spin your way to a
new you in 2012!

**FIRST CLASS:
SAT., JANUARY 7TH**

<u>McMinnville Indoor Soccer League</u>	
Begins January 7th	
Boys and Girls	
Ages 4 1/2 to 18	
Saturdays 9am to 1pm	
Sundays 1pm to 5pm	
	



McMinnville Parks and Recreation

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