



Date: June 14th, 2008

Time: 10:00a.m.-12:00p.m.

Where: McMinnville Gilley
Pool

Cost : City Resident:
\$10.00

Non-Resident: \$12.00

Swimming is a great way to stay healthy and cool during the hot summer months. All levels of swimmers are encouraged to participate. Remember bring sun-

Contact Kristie Sanders
(931) 473-1212 or
ksanders@mcminnvilletenn.com
for more information.

"Get Fit" through Swimming

Activities include...

- Meet other swimmers in the area.
- Learn the proper techniques of swimming.
- Participate in the McMinnville Triathlon Swimming Course (350 meters). Complete the entire course or join in a shorter swim.
- Enjoy an exciting session on of water aerobics.
- Get information on swimming safety.
- ***Earn Gilley Prizes! Complete the program and enter for a chance to win the Grand Prize!***